

Depression Clinic

How to submit the Request for service form

- Fax the completed form to the number provided below at Accueil santé centralisé:

Fax: 514-380-5515

Telephone: 514-731-1386, ext. 2281

Hours: 8 A.M. to 8 P.M., Monday to Friday - 8 A.M. to 4 P.M., week-end and holidays.

- Remember to attach to the form any pertinent documents containing explanations or information that may facilitate the processing of the request for service (e.g., recent laboratory results).
- You will receive an acknowledgement of receipt confirming that your request for service form has been received by the Guichet d'accès en santé mentale (GASM). A liaison nurse from the GASM will contact you if any further information be required.
- The GASM's liaison nurse will refer your patient to a nurse who will be the case manager and who will do the follow-up with your patient.
- The case manager (nurse) will contact you and a team from various health professionals from various fields; kinesiologist, psychologist and social worker participate in the « **Taking Charge of depression** » program.

Important Notice

If the mental state of your patient requires an urgent psychiatric evaluation (e.g., severe psychosis, suicidal crisis with high risk), please direct the patient to the psychiatric emergency.

- Montreal General Hospital 514-934-1934 #42216 / 42213 1650 Cedar Ave.
- Royal Victoria Hospital 514-934-1934 #34271 687 Pine Ave. W.
- St. Mary's Hospital Center 514-345-3511 #3779 3830 Lacombe Ave.

If the situation is more in the nature of a psychosocial crisis, with or without the presence of suicidal thoughts or other psychiatric symptoms, please direct the patient to the Accueil Évaluation Orientation (AEO) service of the CLSC and/or to the Crisis Centre (housing/lodging and crisis follow-up, 24/7 telephone support).

- CLSC Métro 514-934-0354 #7788 1801 de Maisonneuve Blvd. W.
- CLSC Côte-des-Neiges 514-731-8531 #2344 700 Côte-des-Neiges
- CLSC Parc Extension 514-273-9591 #6347 7085 Hutchison
- TRACOM Crisis Centre 514-483-3033 *confidential address*